



2010 SUMMER JUNIOR TENNIS LESSONS JULY 12 — AUGUST 14, 2010

PRE-SCHOOL					
Age	Day	Time	Fee	Drop-In Fee	Number of Weeks
3 & 4 yrs.	Monday	5:00-5:30 pm	\$35.00	\$9.00	5
3 & 4 yrs.	Saturday	8:00-8:30 am	\$35.00	\$9.00	5

KINDERGARTEN					
Age	Day	Time	Fee	Drop-In Fee	Number of Weeks
5 & 6 yrs.	Monday	5:30-6:00 pm	\$35.00	\$9.00	5
5 & 6 yrs.	Saturday	8:30-9:00 am	\$35.00	\$9.00	5

Preschool: (3-4 year old players). This fun, introductory class is meant to give our littlest stars a lot of different tennis-related games to keep up their attention level. The use of little nets, targets, small rackets, foam balls, hoops, etc. will make this class just what mom wants.

Kindergarten: (5-6 year old players). USTA Quick Start Format. This fun, introductory class is meant to give our little stars a variety of different tennis-related games to keep up their attention level. The use of little nets, targets, small rackets, foam balls, hoops, etc. will make this class the talk of the town!

For Questions or More Information, call Tim Galli or Edward Dwight @ 883-3493
3401 N. Centennial Street, High Point, NC 27265
www.oakhollowtennis.com



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ELEMENTARY SCHOOL BEGINNER					
Grade	Day	Time	Fee	Drop-In Fee	Number of Weeks
1st-3rd	Monday	6:00-7:00 pm	\$70.00	\$18.00	5
1st-3rd	Saturday	9:00 -10:00 am	\$70.00	\$18.00	5
4th-5th	Tuesday	6:00 –7:00 pm	\$70.00	\$18.00	5
4th-5th	Saturday	10:00 -11:00 am	\$70.00	\$18.00	5

ELEMENTARY SCHOOL INTERMEDIATE					
Grade	Day	Time	Fee	Drop-In Fee	Number of Weeks
1st-3rd	Monday & Wednesday	4:00-5:00 pm	\$140.00	\$18.00	5
4th-5th	Tuesday & Thursday	4:00-5:00 pm	\$140.00	\$18.00	5

ELEMENTARY SCHOOL EXCELLENCE/HIGH PERFORMANCE					
Grade	Day	Time	Fee	Drop-In Fee	Number of Weeks
Excellence	Tuesday & Thursday	10:00-11:30 am	\$210.00	\$27.00	5
High Performance	Monday & Wednesday	10:00-11:30 am	\$210.00	\$27.00	5

Beginner: USTA Quick Start Format. All the basic skills of tennis will be covered enabling each player to move to the next level. Players will learn how to keep score and will learn how to rally using foam balls and appropriate sized equipment on a smaller court to make learning the game fun and easy!!!

Intermediate: USTA Quick Start Format. These players are past the beginner level. Emphasis on point play will be stressed as well as proper technique and court movement. Foam balls, low-compression balls and appropriate sized equipment will be used on a smaller court to continue assuring success at this stage of learning!!!

Excellence: These young players will learn how to compete and begin understanding simple strategy and tactics in order to excel at the competitive level. Basic footwork patterns and tennis specific fitness movements will be introduced and players are expected to play at least twice weekly.

High Performance: These young players are preparing for entry into competitive tournament and match play with the emphasis placed on advanced teaching techniques including stroke production, footwork patterns, tennis specific fitness and advanced match play strategies and tactics.

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MIDDLE SCHOOL BEGINNER					
Grade	Day	Time	Fee	Drop-In Fee	Number of Weeks
6th-8th	Wednesday	6:00-7:00 pm	\$70.00	\$18.00	5
6th-8th	Saturday	12:00-1:00 pm	\$70.00	\$18.00	5

MIDDLE SCHOOL INTERMEDIATE					
Grade	Day	Time	Fee	Drop-In Fee	Number of Weeks
6th-8th	Tuesday & Thursday	5:00-6:00 pm	\$140.00	\$18.00	5
6th-8th	Saturday	2:00-3:00 pm	\$70.00	\$18.00	5

MIDDLE SCHOOL HIGH PERFORMANCE					
Grade	Day	Time	Fee	Drop-In Fee	Number of Weeks
6th-8th	Monday & Wednesday	10:00-11:30 am	\$210.00	\$27.00	5

Beginner: All the basic skills of tennis will be covered enabling each player to move to the next level. Players will learn how to keep score, learn the rules and etiquette of the game, and will learn how to rally and play points against one another to make learning the game fun and easy!!!

Intermediate: These players are past the beginner level. Emphasis on point play will be stressed as well as proper technique and court movement. These players are beginning to understand the importance of more serious tennis focus and play.

Excellence: These young players will learn how to compete and begin understanding simple strategy and tactics in order to excel at the competitive level. Basic footwork patterns and tennis specific fitness movements will be introduced and players are expected to play at least twice weekly.

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HIGH SCHOOL HIGH PERFORMANCE					
Grade	Day	Time	Fee	Drop-In Fee	Number of Weeks
8th-12th	Monday & Wednesday	10:00-11:30 am	\$210.00	\$27.00	5

HIGH SCHOOL JUNIOR VARSITY					
Grade	Day	Time	Fee	Drop-In Fee	Number of Weeks
9th-12th	Thursday	6:00-7:00 pm	\$70.00	\$18.00	5
9th-12th	Saturday	1:00-2:00 pm	\$70.00	\$18.00	5

High Performance: This is our **highest level** of junior players. Selection is only through the tennis director and/or head pro. Stroke refinement and match play (both singles and doubles), will highlight this program, with players actively competing in tournaments during the program period.

High School Junior Varsity: All the basic skills of tennis will be covered enabling each player to move to the next level. Players will learn how to keep score and will learn how to rally.

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2010 SUMMER ADULT TENNIS LESSONS
JULY 12 — AUGUST 14, 2010
(No class for Adult Intro I: July 28, 2010)

ADULT INTRODUCTORY TO TENNIS					
Level	Day	Time	Fee	Drop-In Fee	Number of Weeks
II	Saturday	11:00-12:00 pm	\$70.00	\$18.00	5
III	Monday	8:00-9:30 pm	\$105.00	\$18.00	5
I	Wednesday	6:00-7:00 pm	\$56.00	\$25.00	4

Adult Intro I: For any adult who has never played tennis before or who is coming back to tennis from a long absence. All the fundamental of tennis: forehand, backhand, volley, serve and more will be covered in a fun, group setting.

Adult Intro II: For any adult who has gone through Level I and/or has more playing experience. Recap of the fundamentals with more emphasis on point development and play for both singles and doubles. This class will get you more prepared to play organized USTA level matches.

Adult Intro II: For any adult who has gone through Levels I and II and/or has more playing experience. Recap of the fundamentals with more emphasis on point development and play for both singles and doubles. This class will get you more prepared to play organized USTA level matches.

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