



WINTER JUNIOR TENNIS LESSONS JANUARY 30-MARCH 31, 2012

KINDERGARTEN					
Grade	Day	Time	Fee	Drop-In Fee	Number of Weeks
5 & 6 yrs.	Thursday	4:00-4:30 pm	\$63.00	\$9.00	9
5 & 6 yrs.	Saturday	1:00-1:30 pm	\$63.00	\$9.00	9

Kindergarten: (5-6 year old players). USTA Quick Start Format. This fun, introductory class is meant to give our little stars a variety of different tennis-related games to keep up their attention level. The use of little nets, targets, small rackets, foam balls, hoops, etc. will make this class the talk of the town!

For Questions and More Information, please call Adriana Hernandez or
Matt Lange at 336-883-3493
3401 N Centennial Street, High Point, NC 27265
www.oakhollowtennis.com



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ELEMENTARY SCHOOL BEGINNER					
Grade	Day	Time	Fee	Drop-In Fee	Number of Weeks
1 ST -3 RD	Wednesday	3:30-4:30 pm	\$126.00	\$18.00	9
1 ST -3 RD	Saturday	9:00-10:00 am	\$126.00	\$18.00	9
1 ST -3 RD	Saturday	10:00-11:00 am	\$126.00	\$18.00	9

ELEMENTARY SCHOOL INTERMEDIATE					
Grade	Day	Time	Fee	Drop-In Fee	Number of Weeks
1 ST -3 RD	Wednesday	4:30-5:30 pm	\$126.00	\$18.00	9
4 th -5 th	Saturday	11:00 am-12:00 pm	\$126.00	\$18.00	9

Beginner: USTA Quick Start Format. All the basic skills of tennis will be covered enabling each player to move to the next level. Players will learn how to keep score and will learn how to rally using foam balls and appropriate sized equipment on a smaller court to make learning the game fun and easy!!!

Intermediate: USTA Quick Start Format. These players are past the beginner level. Emphasis on point play will be stressed as well as proper technique and court movement. Foam balls, low-compression balls and appropriate sized equipment will be used on a smaller court to continue assuring success at this stage of learning!!!

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WINTER JUNIOR TENNIS LESSONS JANUARY 30-MARCH 31, 2012

MIDDLE SCHOOL BEGINNER					
Grade	Day	Time	Fee	Drop-In Fee	Number of Weeks
6 th -8 th	Thursday	4:30-5:30 pm	\$126.00	\$18.00	9
6 th -8 th	Saturday	1:30-2:30 pm	\$126.00	\$18.00	9

MIDDLE SCHOOL INTERMEDIATE					
Grade	Day	Time	Fee	Drop-In Fee	Number of Weeks
6 th -8 th	Saturday	12:00-1:00 pm	\$126.00	\$18.00	9

Beginner: All the basic skills of tennis will be covered enabling each player to move to the next level. Players will learn how to keep score, learn the rules and etiquette of the game, and will learn how to rally and play points against one another to make learning the game fun and easy!!!

Intermediate: These players are past the beginner level. Emphasis on point play will be stressed as well as proper technique and court movement. These players are beginning to understand the importance of more serious tennis focus and play.

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WINTER JUNIOR TENNIS LESSONS JANUARY 30-MARCH 31, 2012

HIGH SCHOOL ELITE					
Grade	Day	Time	Fee	Drop-In Fee	Number of Weeks
High School	Tuesday	3:30-5:00 pm	\$63.00	\$27.00	3
HIGH SCHOOL VARSITY BOYS					
Grade	Day	Time	Fee	Drop-In Fee	Number of Weeks
High School	Monday	4:00-5:30 pm	\$189.00	\$27.00	9
HIGH SCHOOL JUNIOR VARSITY					
Grade	Day	Time	Fee	Drop-In Fee	Number of Weeks
High School	Tuesday	4:00-5:30 pm	\$189.00	\$18.00	9

High School Elite: Premier instruction for players who want a more challenging regimen that will prepare them for their high school team. Stroke development, footwork & agility training, along with singles & doubles strategy will be the focus.

High School Varsity: These young players will learn how to compete and begin understanding simple strategy and tactics in order to excel at the competitive level. Basic footwork patterns and tennis specific fitness movements will be introduced.

High School Junior Varsity: For players not yet ready to play varsity tennis on their respective team. The focus will be on stroke development, strategy and match play to get each player ready to compete.

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WINTER ADULT TENNIS LESSONS JANUARY 30-MARCH 31, 2012

ADULT INTRODUCTORY TO TENNIS					
Level	Day	Time	Fee	Drop-In Fee	Number of Weeks
I	Saturday	2:30-3:30 pm	\$126.00	\$18.00	9
II	Wednesday	8:30-9:30 pm	\$126.00	\$18.00	9
II	Saturday	3:30-4:30 pm	\$126.00	\$18.00	9

Adult Intro I: We also call this class *TNT- Tennis in No Time* because we will get you playing REAL tennis in no time at all! With all the fundamentals covered, you will be ready to go straight into our level II class. Promise!

Adult Intro II: For any adult who has gone through Level I and/or has more playing experience. Recap of the fundamentals with more emphasis on point development and play for both singles and doubles. This class will get you more prepared to play organized USTA level matches.

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